

The Insider

SHADOWBROOK HOME OWNERS ASSOCIATION

You can reach the BOD via e-mail at:
hoa@shadowbrookcommunity.org

Or for more information visit our web site at:
www.shadowbrookcommunity.org

2012 HOA BOARD MEMBERS

Kelly Batt, *President*

Tim Stern, *Vice President*

Jennifer Harris, *Treasurer*

Derwin Babineaux, *Member at Large*

CARDINAL MANAGEMENT GROUP, Inc.

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2012 HOA MEETINGS

HOA meetings are held quarterly and begin promptly at 7PM.
The 2012 schedule is as follows:

January 25th

April 25th

July 25th

October 24th

Welcome Fall but not ready for the snow!

It has been a while since we put out a community news letter. It goes without saying a lot of things have happened since then. Some good and some, well not exactly happy.

Let me start with the not so happy ones. One of our board members, Martin Ryan, had to step down as president. Leaving the Board of Directors (BOD) at the bare minimum to legally function. We had a major earthquake. Yes, an earthquake, can you believe that? Something that we do not get to experience in this part of the world too often. But I guess when we do, we make it big. Luckily we had no reports of major damage in the community, which is a good thing. However people in the surrounding areas are still cleaning up. Like the National Cathedral and the Washington Monument. Not to mention the people of Mineral, VA, some of whom are still not able to return to their homes because of the damage caused by the quake and its aftershocks. Then we were hit with a storm. Not just any storm, one that brought so much water that it took out some of the local bridges and brought flood waters to our fences. Not that the earthquake and the storm were bad enough, we experienced an armed robbery that occurred in September. No one from our neighborhood was involved, and no one was harmed. But it brought the reality of violent crime to our doorsteps. We are no strangers to car and home break-ins and car thefts. But it shows that we are not immune from anything and that we should always be aware of our surroundings. And as the old saying goes, always trust your gut, if it does not feel right call the authorities.



But for every not so pleasant event there is always the other side. Happy and good things that happen around us. This year was no exception. The community finished its last portion of the paving project. Beech Hollow and Havenbrook got a new parking surface. The "Self Help Group" was seen everywhere this year making sure that the community is looking as fit and pretty as possible. While at the same time saving us money. We've had a very successful yard sale, despite the not so pleasant weather. And at the last board and annual meeting we had a much needed addition to our BOD.

Speaking of the BOD, it is comprised of residents like you, your fellow neighbors perhaps, who meet quarterly. They are volunteers who do not get compensated in any way for the numerous hours they spend taking care of community business. Even though they only meet quarterly, a lot of business is done via e-mail to make sure that Shadowbrook runs smoothly. So if you would like to volunteer your time with the BOD or any other committee in the neighborhood, there is always room for one more.

A new year is upon us, as a resolutions we would like to encourage you to come to all the HOA meetings, as they are a good way to know what is going on before it gets posted to our web site. And they only happen once a quarter :) And maybe you will be able to find some time to volunteer your time and talents in 2012.

Up close and personal: Meet your new HOA BOD

Kelly Batt was elected to the BOD in October 2010. Her position at that time was VP. Little did she know that in a very short period of time she would have to take on the responsibility of being President. After the announcement by **Martin Ryan** that he had to step down, she took the reins and has been the driving force of the BOD. She and her family have been living in Shadowbrook since August 2007. She is currently a stay at home mom to her two daughters, 4 and 2. Her career background includes recruiting, human resources and retail management. In her spare time, Kelly enjoys photography and scrapbooking as well as cooking and baking.

Jennifer Harris was elected Treasurer of the Homeowners Association in October 2009. She and her husband moved to Shadowbrook in September 2009. She has her BBA with a Concentration in Finance and a Minor in accounting and works for a Public Relations firm located in Washington, DC. She enjoys traveling, spending time with her family, their dog, Congo and watching football with her husband.

Derwin Babineaux joined the Shadowbrook Board of Directors after the October 2010 meeting. He and his wife Ty have been residents of Shadowbrook since June 2000. He is employed in McLean, Virginia for a defense contractor. He looks forward to working with the other members of the board.

Tim Stern is looking forward to representing our collective interests and in supporting the continuous improvement of our community as the newest member of the BOD. He and his wife Celia have been Shadowbrook residents for over 10 years. They have two children. Their daughter and her husband reside in Arizona, and their son is a senior at George Mason University. Tim retired from the Air Force after nearly three decades of active duty service, exchanging his uniform for a business suit to be an Air Force civilian. When not working he enjoys gardening and anything that results in being outside. He has also been active on our self help committee since its inception and would like to encourage anyone with even a little interest to participate.

What's new on the horizon and what stays the same for Shadowbrook

Some of the topics discussed at the last meeting.

1 - Trash contract stays the same with American Disposal.

2 - Snow removal contract stays the same with Shanandoah. Let's hope mother nature will spare us from "Snowmageddon" this winter.

3 - Grounds maintenance contract will change to Palmers from Springfield Nurseries. At the time of the meeting Palmers was not going to offer the individual yard maintenance program. However, they have changed their mind and will now offer that service to homeowners that wish to participate. More information is posted on our web site.

4 - ARC has streamlined their inspections and

notification procedures

5 - Parking rules remain unchanged. One courtesy warning will be given to any resident who parks in a marked visitor spot. Second infraction guarantees an automatic towing without notice.

6 - Quarterly Board meetings in 2012 move to the 4th Wednesday. For a list of dates please check the front of the newsletter or the web site, which will also list the location.

7 - 2012 Assessment - You should of received your letter containing all the budgetary information. If you have not, please contact Ms. Victoria Garner at Cardinal Management.

8 - Always need more volunteers to join the BOD, ARC and Self Help Group. Contact us for more information or to join.

Think before you throw: Plastic Bags

Article from American Disposal

What to do with Plastic Bags?

Many of us are very diligent about collecting our plastic grocery bags in order to recycle them in our recycling bins each week. But, the truth of the matter is that although plastic bags are made of a highly valuable and recyclable material, they can not be processed and separated from the rest of your recycled materials at many Materials Recovery Facilities (aka. a recycling plant). These facilities use a variety of mechanical means to sift through the tons of materials that enter the sorting line. Because plastic bags are extremely pliable, they frequently wrap themselves around the gears and rotors in the plant and constantly slow down or even completely stop the processing of recycled materials. Therefore, it is recommended that you do not put your plastic bags into your recycling bin.

How to Recycle Bags

Unfortunately, the best way to recycle plastic bags, is not as convenient as throwing them into your Single Stream recycling bin. However, if you are already collecting your bags separately from your glass, paper, metals, and other plastic containers, you're half way there! These collected bags must then be brought to your local grocery store in order to be

processed properly. Plastic film (as it is categorized in the industry) is highly valuable when collected separately, and is recycled to make things like park benches, porch decks, or fences to name a few.

The good news is that many people are unaware that there are several more types of plastic bags, or plastic films that can be bundled with your bags to be collected at the grocery collection point. These include, plastic bread bags, small plastic “baggies”, plastic cling wrap, or the plastics your newspapers arrive in, as long as they do not have any food on them.

Collection of Recyclables Using Plastic Bags

Another often asked question is, “Can I use plastic bags to collect my recyclables?” Although customers are advised to simply place items into their collection bins without a plastic bag liner, plastic bags may be the only means to getting your recycled goods out of your household. If the choice is between using a plastic bag or not recycling at all, ALWAYS choose to recycle even if that means collecting using a bag. If you must use a plastic bag for recycling collection, please try to use clear bags, so that the collection crews can differentiate your trash from your recycling on pick up days.

{Re}usable Bags

Almost everyone these days offers a plastic bag alternative when shopping at their stores. Invest in a number of reusable bags at one store and use them every time you shop... anywhere! Store them in your car, in your purse, or any where that is convenient for you to always have a plastic bag alternative on hand when you are shopping for anything!

So what can go into your recycling bin?

The following is a list of **acceptable** materials to place in your recycling container.

- Aluminum Cans, Foil, and Trays
- Metal food & beverage cans
- Non-hazardous aerosol cans
- All glass food and beverage containers
- All plastic containers labeled #1-7
- Wide-mouthed plastic containers
- Rigid plastics
- All mixed paper
- All paperboard products
- Corrugated cardboard & pizza boxes
- Newspaper, Magazines, & Catalogs
- Hardcover and paperback books
- Metal and Plastic Coat Hangers

The following is a list of **unacceptable** materials to place in your recycling container.

- #6 Polystyrene
- Glassware
- Metal Pots and Pans
- Tires
- Clothing
- Used paper plates & cups
- Ceramics
- Lightbulbs
- Batteries

Always remember to rinse off any food before placing an item into the recycling bin.

For more information about the items on this list go to <http://americandisposal.com/acceptedrecycling.php>